

Limb Salvage Using Mega prosthesis in Skeletally Immature Musculoskeletal Oncology Patients: A Retrospective Cohort Study

Dr Fateh Ali Janjua · Dr Zoha Farooq · Dr Khalil Khatri · Dr Ilyas Rafi
Shaukat Khanum Memorial Cancer Hospital and Research Centre, Radiation Oncology, Lahore, Pakistan.

INTRODUCTION

In many low- and middle-income settings, expandable endoprostheses are unaffordable, pushing children toward amputation or biologic reconstructions with major functional and psychosocial costs. We evaluated whether non-expandable (adult) modular endoprostheses can deliver acceptable function and complication rates for paediatric and adolescent limb-salvage after tumour resection.

METHODS

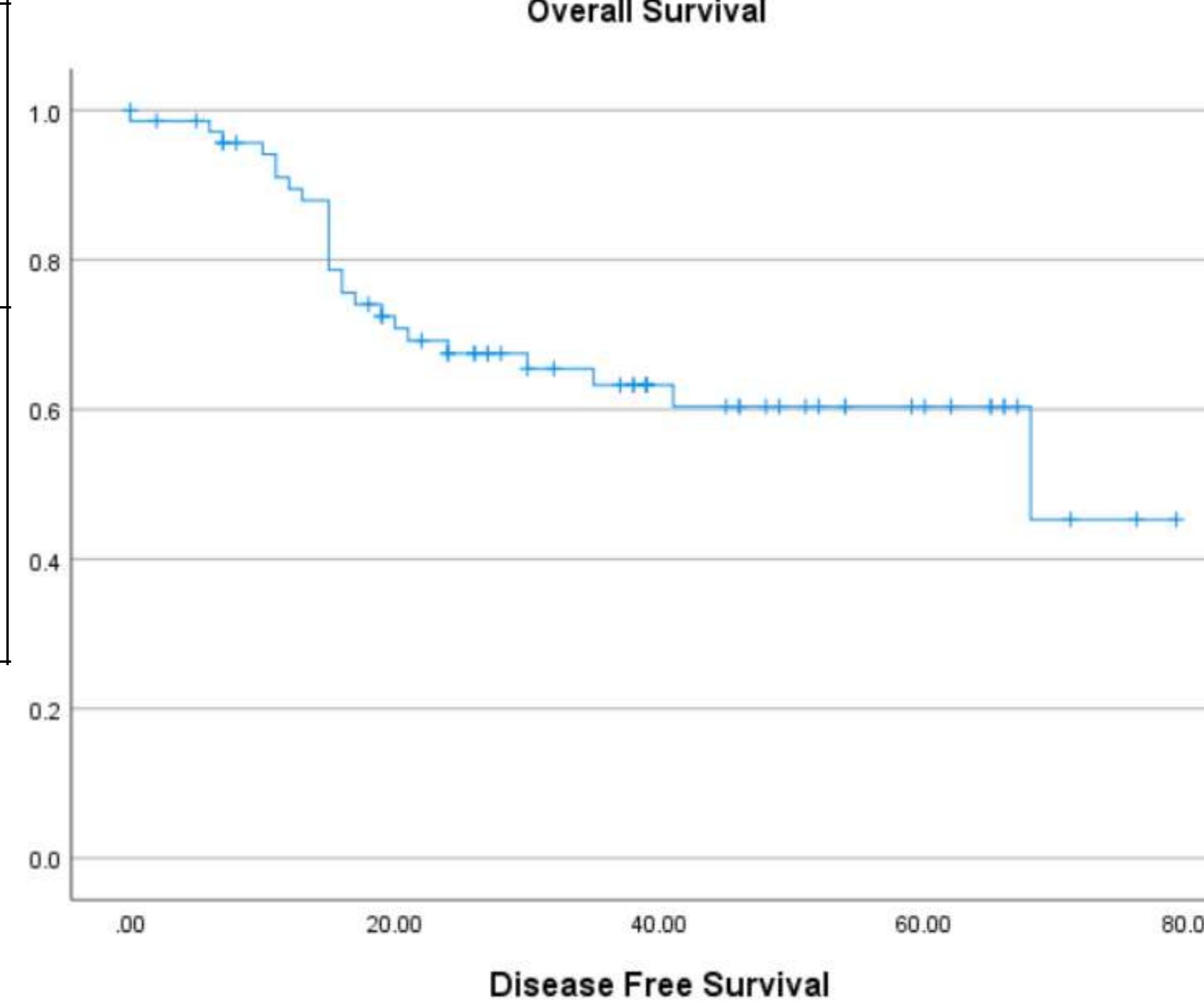
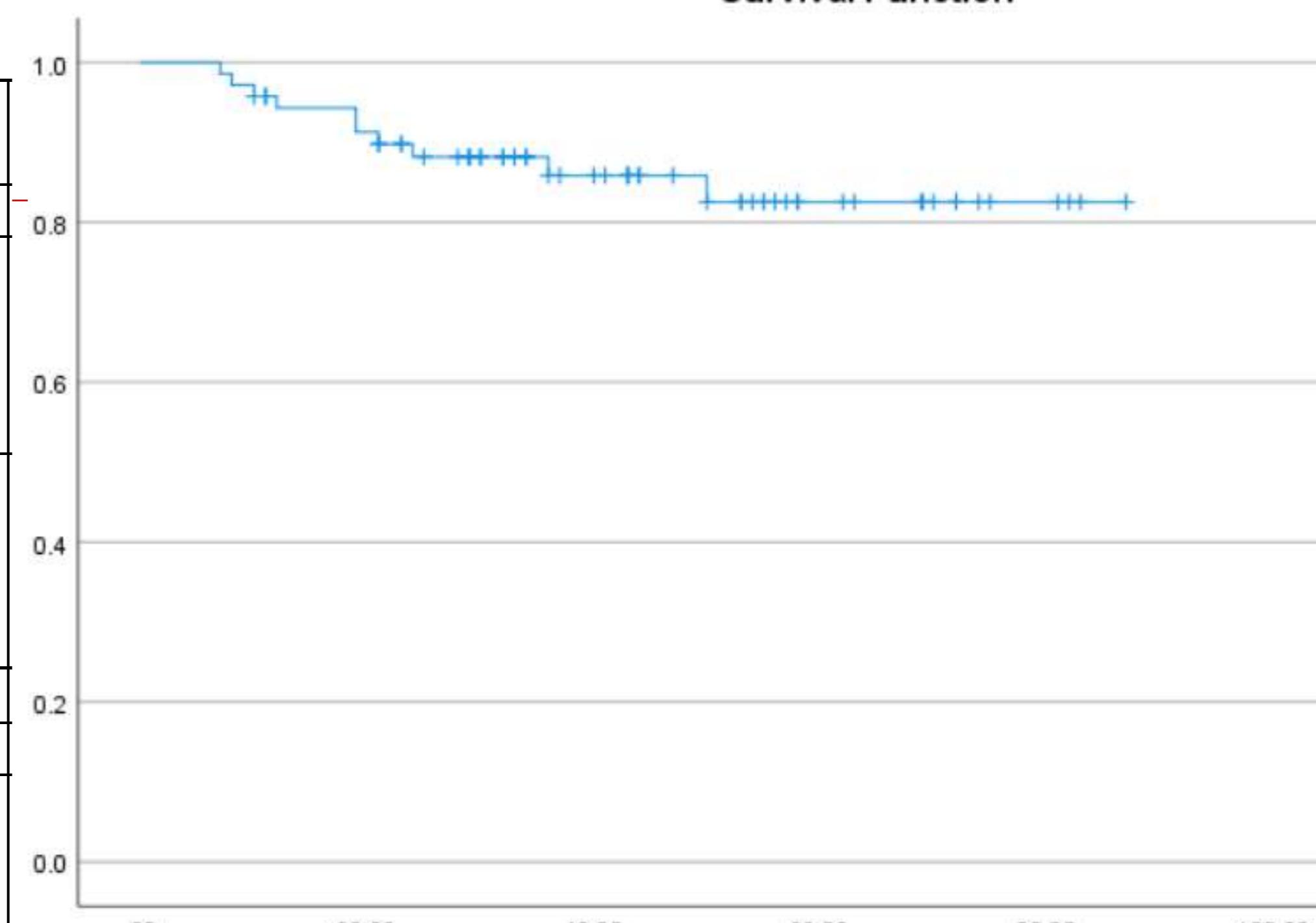
Design: Retrospective cohort (2018–2024), n=71 (10–18 years); Osteosarcoma 80%, Ewing's 20%.

Intervention: Limb-salvage with non-expandable megaprostheses.

Outcomes: Overall/disease-free/local-recurrence/distant-metastasis-free survival; complications, revisions, LLD, MSTS score, arc of motion, limb status.

Analysis: Descriptive statistics; Kaplan–Meier for survival.

Variable	N(%)	Osteosarcoma n(%) 57(80)	Ewings N(%) 14(20)
Total Patients	71		
Gender			
• Male	45(63)	36(63)	9(64)
• Female	26(37)	21(37)	5(36)
Side			
• Right	39(55)	32(56)	7(50)
• Left	32(45)	25(44)	7(50)
Age at surgery (10.0–18.0)		Mean 14.8	Mean 15.7
Mean follow-up (months)		71.6	81.7
Tumor bone			
• Femur	49(69)	37(65)	12(86)
• Tibia	22(31)	20(35)	2(14)
Tumor location			
• Proximal Femur	3(4)	2(3)	1(7)
• Shaft of Femur	4(6)	1(2)	3(22)
• Distal Femur	42(59)	34(60)	8(57)
• Proximal Tibia	22(31)	20(35)	2(14)
Type of mega prosthesis			
• Proximal Femur Replacement	4(6)	3(5)	1(7)
• Intercalary Femur Prosthesis	2(3)	0(0)	2(15)
• Distal femur Replacement	41(57)	33(58)	8(57)
• Total Femur Replacement	2(3)	1(2)	1(7)
• Proximal Tibia Replacement	22(31)	20(35)	2(14)
Variable	N(%)	Femur	Tibia
Total Patients	71	49	22
MSTS score (post-op Mean)	64	24.59	23.00
Limb-length discrepancy	63	1.60	1.47
LLD General			
• Shortening	23(36)	16(36)	7(39)
• Equal	20(32)	18(40)	2(11)
• Lengthening	20(32)	11(24)	9(50)
Mean Arc of motion	64	103	93
Variable	N(%)	Femur	Tibia
Complications			
• Deep Infection	6(15)	2(12)	4(19)
• Flap Failure	1(2)	0(0)	1(4)
• Skin Necrosis	6(15)	2(12)	4(19)
• Implant Failure	2(5)	2(12)	0(0)
• Wound Dehiscence	7(18)	4(23)	3(14)
• DVT	1(2)	0(0)	1(4)
• Hematoma	1(2)	0(0)	1(4)
• Superficial infection	3(8)	2(12)	1(4)
• Knee Effusion	2(5)	0(0)	2(9)
• Neurological Injury	10(25)	5(29)	5(23)
Types of Implant Failure			
• Type 1 Soft-tissue failure	12(46)	5(36)	7(58)
• Type 2 Aseptic loosening	0(0)	0(0)	0(0)
• Type 3 Structural failure	2(8)	2(14)	0(0)
• Type 4 Infection	6(23)	2(14)	4(33)
• Type 5 Tumor progression	6(23)	5(36)	1(9)
Number of revisions			
• 1	6	3	3
• 2	1	1	0
Reason for Revision			
• Infection	6	2	4
• Periprosthetic fracture	1	1	0
• Acetabular Erosion	1	1	0
Variable	N(%)	Osteosarcoma n(%) 57(80)	Ewings N(%) 14(20)
Distant Metastasis			
• Yes	21	17(30)	4(29)
• No	50	40(70)	10(71)
Location of Metastasis			
• Lungs Only	16(75)	13(76)	3(75)
• Lung + Hepatic	2(10)	2(12)	0
• Lung +Bone	2(10)	2(12)	0
• Spine Only	1(5)	0(0)	1(25)
Local Recurrence			
• Yes	8	7	1
• No	63	50	13
Margins			
• Negative	65	53	12
• Positive	6	4	2
Limb Reconstruction Outcome			
• Salvaged	64	52(91)	12(86)
• Amputation	7	5(9)	2(14)
Cause of Amputation			
• Infection	2	1	1
• Recurrence	5	4	1
Survival Status			
• Alive	57	45	12
• Deceased	10	9	1
• Lost to Follow up	4	3	1
Overall Survival (Mean)	76	71	81
Disease Free Survival (Mean)	53	51	56
Local Recurrence Free Survival (Mean)	71	67	74
Distal Metastasis Free Survival (Mean)	57	55	60



RESULTS

Survival: OS 85.9%, DFS 64.8%, LRFS 75.8%, DMFS 70.4%.

Complications: 39 patients; neurological injury (n=10), deep infection (n=6), wound dehiscence (n=7), skin necrosis (n=6).

Revisions: 7 patients (9.9%).

LLD: Most commonly 2–4 cm (68%).

Limb status: 90.1% reconstruction retained, 9.9% amputation.

Function: Mean MSTS ≈ 24; mean ROM ≈ 100°.

CONCLUSION

Non-expandable adult modular endoprostheses are a viable, cost-conscious limb-salvage option for carefully selected skeletally immature patients in resource-limited settings. In our cohort, early function and implant survivorship were acceptable, limb-length discrepancy was manageable in majority of our patients, and complications were within expected ranges—supporting broader use where growing implants are impractical.

REFERENCES

- Ji et al., 2019 – Non-hinged static megaprostheses with staged LLD correction; shows feasibility of fixed implants with planned growth strategies.
- Lex et al., 2021 – Reoperation frequency/reasons with non-invasive expandable devices; quantifies the maintenance burden.
- Farooque K, Shafiq MB, Farooq MZ, Rafi I, Shoaib A, Asif S. Outcome, Complications, and Survival of Sarcomas of the Extremities Treated With Mega Prostheses: A Comprehensive Analysis of 115 Cases in a Cancer-Dedicated Hospital.

